Ronald Holt

14 -Day Private Southwest Journey

**** This includes hotels for the day before and night ending the SW Journey***

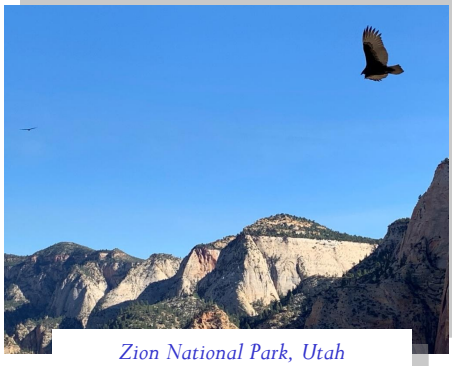
with Ronald Holt

Begins April 19th, - Ends Evening of May 2nd, 2027

Guests arrive to Phoenix on April 18th & fly out of Phoenix on May3rd

Cost: $8345.00 | Price based upon single occupancy.

*All 15 days accommodations, entrance fees and transportation included.



Zion National Park, Utah

Locations Visited on this Journey

Sedona | Grand Canyon | Antelope Canyon | Zion National Park | Monument Valley
Canyon De Chelly, NM | Chaco Canyon | Jemez Springs | Bandelier National Park

Intention

My intention is to provide organic opportunities for natural healing, grounding and rebalancing via hiking and meditations within the surroundings of spectacular yet intimate geologic settings and while visiting natural energy power spots. In the spirit of adventurous exploration, journey, hiking, meditation and peaceful quiet time - I wish to work with small groups of flexible open-minded and spiritually-oriented individuals within these majestic settings in nature to help facilitate reintegration with nature which assists in organically opening the opportunity for deeply personal and naturally integrative inner healing and rebalancing.

Antelope Canyon, AZ

Overview

This 14-day Private Southwest Journey and exploration consists of optional long hikes & short hikes (all hikes are optional) to ancient Native American archaeological sites as well as integrative vortex power spots. We will also visit and spend time in a flowing stream (depending on local conditions) and visit enchanting waterfalls. We will have many opportunities to admire a number of ancient cliff dwellings, petroglyphs, ancient pueblos as well as meditate at premium locations. This trip includes opportunities to enjoy hot & warm-springs.

The act of actually "moving the body" during the optional hiking events, actually follows key Daoist Yogic principles for activating the body's 5-element energy meridians assisting greatly in purging and releasing stored emotional & psychological blockages in a naturally fashion and prepares our body, mind & spirit systems for receiving pure organic vortex energies aiding the natural revitalization and rebalancing.

For the journey, we will drive and stay overnight in hotel/motels where we can take advantage of the many nearby Southwest sacred power spots and breathtaking geological sites.

Vehicle Time

Some of these majestic geologic and ancient archaeological sites are spread at a distance apart necessitating some long drives. Most drives are 1-1/2 hours or less. Some drives are 2 hours long. The drive to and from Zion is about 1 & 1/2 hours. The final drive from Jemez Springs New Mexico to Phoenix is about 8 hours which we will be stopping intermittently for food, shopping and sightseeing.

One of the Highlights of the Journey

Is our trip to Zion National Park**.** Leading up to this event, we will be transitioning from city-consciousness, on towards natural grounding, cleansing & reintegration with Mother-Earth and a closer and intimate connection to spirit-consciousness from the hikes, meditations and integration times.

As we arrive at Zion, we will begin with a 2 & 1/2 mile hike to the summit called Scout's Lookout or Angels Landing (if permitting) or other available hikes. Zion has instated a Lottery System for Angel's Landing. Once at our hiking destination we will stop for lunch, meditation and/or free time at this or other breathtaking spots.

The following morning we will then explore and enjoy a river hike at the famous "Narrows Gorge" in the Virgin River (depending upon weather conditions) or hike "The Grotto." This will give us maximum advantage to not only exercise and take in nature, but to reintegrate with spirit and rebalance in deep and subtle ways which builds organically and stimulates natural psychological & emotional releases.

Angels Landing, Zion

Grand Canyon Arizona

Cost: $8345.00 for participants
Price based upon single occupancy

Participants arriving by air will be picked up at the airport then transported to your overnight accommodations prior to the Journey, hotel is included. April & May is high season, so motel rooms are difficult to acquire and are also expensive. Cost includes all lodging, entrance fees, tour activities, and tour transportation once you arrive in Phoenix. Meals not included (however, some motels offer limited breakfast).

Deposit & Holding a Reservation

This trip is a "Go" status when there are 2 reservations. At that time, I will inform you to make your airline purchase. I highly recommend when you purchase your airline ticket, to also acquire the Trip Insurance to cover any unexpected medical or other unforeseen emergencies should they arise.

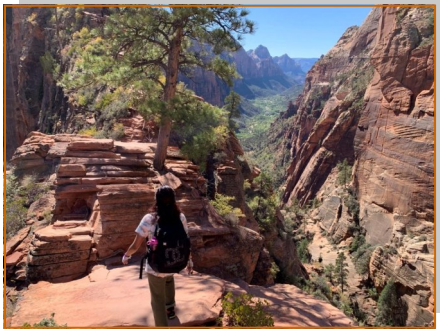
To hold a reserved spot, a deposit $3500.00 is required. Final payment is due 30 days prior to start date of April 18th (which is March 18th 2027) to ensure motel reservations and logistic preparations for each participant.

Payments—A PayPal invoice will be e-mailed to you or payment can be made via check, Visa, MasterCard, or American Express.
For Checks – Make payments out to "Seed of Life Institute" and mail to: Seed of Life Institute - PO Box 30973 Phoenix, Arizona 85046

Cancellations

Holding hotel reservations is done by credit card deposit, thus some monthly charges are accrued. This means a charge will be debited for each reservation. Cancellations made two months (60 days) in advance will receive an 95% refund. Cancellations made between 31 to 60 days will receive 90% refund.

There are no refunds for cancellations made 29 days (or less) before the start date. If the tour is cancelled by us, a full refund of the deposit will be made.



The Chains, Angels Landing — Zion

The Narrows River Hike — Zion

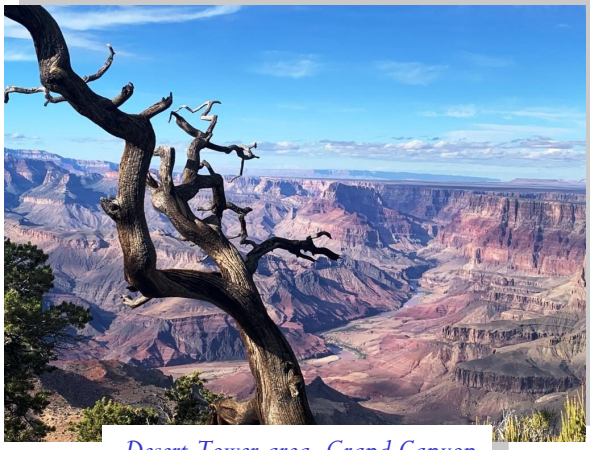
Hot Springs — LaVerkin, Utah

About Ronald Holt

Ron completed his training at the master 500-hour level in Hatha Yoga in 2007. Prior to that he was certified as a Taoist yoga teacher in 2001 and excelled in Daoist hard training for 9 years. He was in charge of Flower of Life Research, a worldwide spiritual organization dedicated to Sacred Geometry, from 1997 to 2013 and excelled in the higher principles of Sacred Geometry. In the late 1970s, as a young man in his early 20s, he began his practice of meditation and a serious study of esoteric spirituality, studying under a teacher and ascended-master channel outside of Albuquerque. Ron has traveled extensively to sacred sites across the American southwest, Hawaii and the world. At power spots Ron frequented around the globe, he experienced deep sensitivity, reverence and communications relating to nature and inner inspirations which taught him what he needed to know and how to communicate with nature and spirit, time and again. Ron has worked as a marine and field archaeologist for the prestigious Bishop Museum of Honolulu – with projects that took him to all of the Hawaiian Islands and the Marianas Islands (Rota, Guam, Saipan, and Tinian). In this work, he had the great opportunity to work with the Hawaiian medicine people called Kahunas, which furthered his education and practice of indigenous spirituality. Living in Arizona, Ron develops programs, and continues teaching his original workshops that uniquely combine meditation, Daoist principles, sacred geometry, and the wisdom of the Earth into profound experiential seminars that are life-changing for participants. With 30+ years of work in inner arts, he is able to combine his experience with his unique methods to work with opening the human heart. See website: http://www.quantumnavigation.net/

Dates, Arrival and Departure

Please make arrangements to arrive in Phoenix on **Sunday April 18th, 2027** and to depart Phoenix on **Monday, May 3rd 2027**. Your hotels are covered. Journey begins **Monday April 19th approx 8:00-8:30 am**, and ends the evening of **Sunday May 2nd**. I will be picking you up at the Phoenix airport and dropping you off at your accommodation. For departure, the Hotel will have a Airport Shuttle. As you arrive and check in, please go to the Concierge to schedule your shuttle. time.



Desert Tower area, Grand Canyon

Varying Conditions and Activities

Weather conditions, driving times and driving conditions, hiking, sightseeing and meditational activities, are all subject (at times) to unforeseeable and unexpected conditions or challenges. I will do my best to provide you with the opportunities or alternatives to scheduled events maximizing your enjoyment of the natural beauty and sacred opportunities to deeply interact and engage these locations. On these adventures, we are (invariably) opening to what nature aligns for us to encounter which includes the unexpected. Sometimes that includes unanticipated challenges working to expose or balance out personal issues.

I invite your patience and trust for meeting unexpected challenges together with me (should any arise) in order to help foster the quickest and best resolutions in meeting the unknown.

Temperatures

During the month of April, temps may range between 60F/15.5C and 98F/36.6C degrees during the day, and fall dramatically lower at night to near freezing. Rain may spring up unpredictably and may infrequently arise as hail. Please bring a coat that will keep you warm at 50F/10C

Shoes

Hiking Shoes - Comfortable and breathable for possible hot temps with rugged but flexible rubber tread (not foam sole)…as we will be climbing upon on rocks and boulders and foam soles offer no traction despite how rugged they look.
Tennis Shoes - or equivalent for light activity
Sandals – For Shower use / hot springs use / and to air out feet in car.

Chamber of the Goddesses Cathedral Rock

Monument Valley

Clothing

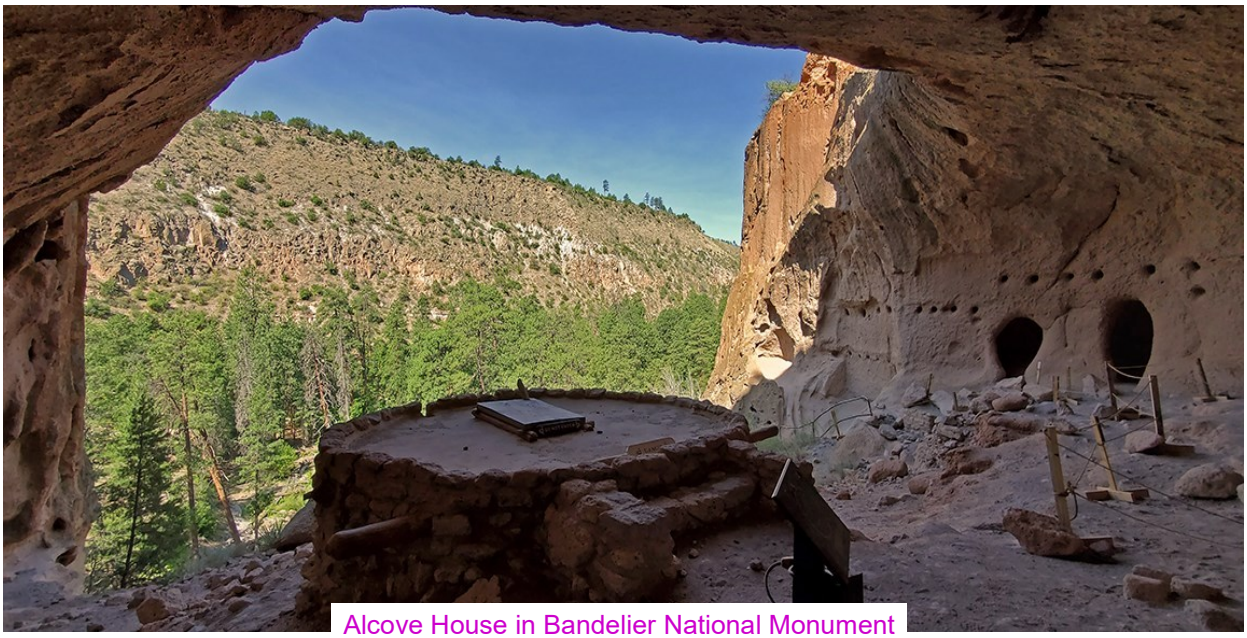
- **Hiking Pants** – To protect from trail brush, possible insects and cool temps.
- **Short Pants** - for possible higher temps
- **Swimming Attire** – For possible hot springs, pools, rivers and sweat lodge etc.
- **Hiking Socks**
- **Assortment of T-Shirts** – Long Sleeve and Short Sleeve
- **Windbreaker**/ Rain Protection
- **Light Zip up Sweater**
- **Medium Duty** (34F/1C degree capable) & Rain Proof Coat for the cooler nights & sitting around any nighttime campfire.

Equipment

- **Hat for sun shade/ Rain Block**
- **Small Backpack / Waist Pack with Water-bottles**
- **Small Compact Umbrella**
- **Poncho**
- **Small Lightweight Camera**
- **iPhone** (or Similar) with ear phones for Meditation

Misc. Items

- **Sun Block**
- **Chap Stick**
- **Dry Skin Lotion**
- **Personal Specialty Snacks**
- **Sunglasses**



Alcove House in Bandelier National Monument

Full Itinerary

To receive the full itinerary or for more information, contact Ronald Holt at ronaldholt@hotmail.com

Zion National Monument, Utah

Agreement

By registering for this journey, participants agree to take full responsibility for their safety, behavior, and experiences. Participants agree that they are fully responsible for interpreting and applying the information and techniques they receive and will not hold Quantum Navigation Enterprises, LLC, or Ronald Holt responsible or liable for events that may arise that are directly or indirectly related to the advice given, acts of God, or unexpected situations that may arise. Should participants have special needs, it is their responsibility to communicate their needs and either request assistance or take the necessary precautions to care for themselves.

Canyon DeChelly, Arizona